

EMPOWERING PARENTS WITH PROFESSIONAL GUIDANCE 100% VIRTUALLY



YOU HAVE A VILLAGE

Are you struggling to support your child's mental health?
Do you feel exhausted and alone trying to seek support?

We are here to help.

You Have a Village offers weekly parent support groups professionally guided by mental health clinicians around topics specific to your child's needs

- 100% online - pop in anytime, anywhere
- 24/7 private parent chat community with professional moderators
- Unlimited support for a flat monthly fee

Groups include:

- De-escalating big emotions
- Eating disorders
- Teen issues
- Sibling relationships
- Dad specific topics
- Parents of kids under 5

Visit us at www.youhaveavillage.com

